

BIRTHDAY CAKE ENERGY BITES



INGREDIENTS:

- 2 scoops Birthday Cake Glam Pro
- 4 dates
- 2 tbsp quick oats
- 2 tbsp ground flaxseed
- 1 tbsp sprinkles
- 2 tbsp almond milk
-

DIRECTIONS:

1. Blend dates and milk into a paste
 2. In a small bowl place, oats, Glam Pro, flaxseed, and sprinkles. Mix well.
 3. Add the date paste and use your hands to press and mix together.
 4. Roll the mixture into 1/2 oz bites, makes 14 bites.
 5. Allow the bites to sit in the fridge for a couple of hours to soften the oats.
- Enjoy!

Makes 7 Servings | 1 Serving = 2 Bites
Calories: 80 | Protein: 5 g | Carb: 13 g | Fat: 1 g | Fiber: 2 g