

## BLUEBERRY PANCAKES SMOOTHIE

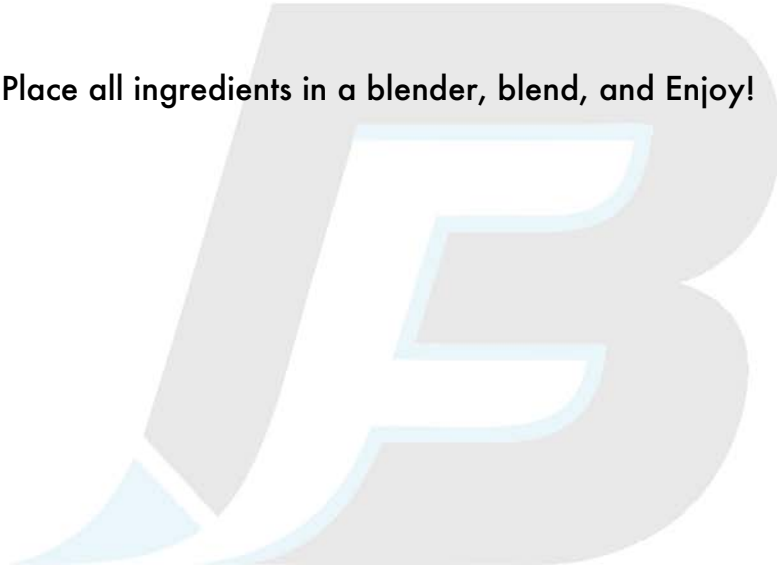


### INGREDIENTS:

- 1 Scoop Breakfast in Bed GLAM PRO
- 1 Cup unsweetened almond milk
- 1/2 cup frozen blueberries
- Optional: Ice

### DIRECTIONS:

- 1) Place all ingredients in a blender, blend, and Enjoy!



Makes 1 Smoothie

Calories: 140 | Protein: 16 gm | Carbs: 12 gm | Fat: 3 gm