

CAKE BATTER PARFAIT



INGREDIENTS:

- 1 scoop Birthday Cake Glam Pro
- 3/4 cup nonfat Greek yogurt
- 1/2 cup frozen cherries
- 2 tbsp granola
- 1 tsp sprinkles

DIRECTIONS:

1. Mix Glam Pro and yogurt
 2. Layer the parfait: yogurt, cherries, granola, yogurt, cherries, granola, yogurt, and sprinkles
 3. Allow the cherries to thaw for ~5 minutes
- Enjoy!



Makes 1 Serving

Calories: 292 | Protein: 35 g | Carb: 33 g | Fat: 3 g | Fiber: 2 g