

# CHICKPEA CITRUS SALAD



## INGREDIENTS:

- 2 cups mixed greens
- 3 mini bell peppers
- 1/2 orange
- 1 oz feta cheese
- 1/2 cup chickpeas
- 2 tbsp sunflower seeds

## DIRECTIONS:

Vegetarian

1. Base with the mixed greens
2. Slice the orange in half. Cut one quarter in cubes, save the other quarter
3. Add sliced bell peppers, chickpeas, feta, and cubbed oranges. Toss together
4. Squeeze the juice from the leftover orange over the salad
5. Top with sunflower seeds

Enjoy!

Makes 1 Serving

Calories: 370 | Protein: 16 g | Carb: 41 g | Fat: 18 g | Fiber: 11 g