

LEFTOVER TURKEY PANINI



INGREDIENTS:

- 3oz leftover turkey
- 2 oz avocado
- 1 Tbsp cranberry sauce
- 2 slices sprouted bread
- 1 oz Swiss cheese
- Optional: ¼ cup leftover stuffing
- Optional: 1 Tbsp Dijon mustard

DIRECTIONS:

- 1) Spread Dijon mustard and mashed avocado on one slice of bread.
- 2) Spread cranberry sauce on 2nd slice.
- 3) Add leftover turkey and cheese.
- 4) Press or bake until cheese is melted.

Enjoy!

Makes: 1 Panini

Calories: 476 | Protein: 31 gm | Carbs: 38 gm | Fat: 23 gm | Fiber 10 gm