

MOCHA CHIA SEED PUDDING



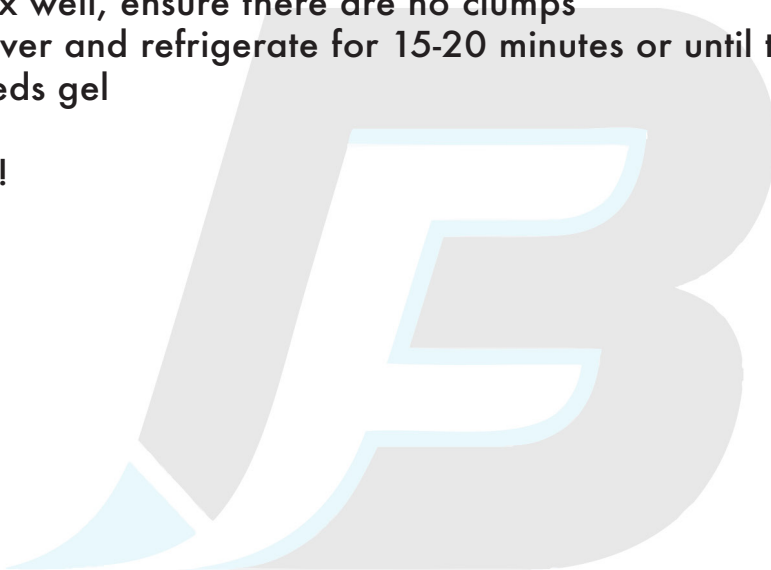
INGREDIENTS:

- 3 tbsp chia seeds
- 3/4 cup soy or pea milk (unsweetened)
- 1 tsp instant coffee
- 1 tbsp 100% Hershey's special dark cacao powder
- 1 tbsp slivered almonds

DIRECTIONS:

1. Place all ingredients in a jar
2. Mix well, ensure there are no clumps
3. Cover and refrigerate for 15-20 minutes or until the chia seeds gel

Enjoy!



Makes 1 Serving

Calories: 256 | Protein: 14 g | Carbs: 20 g | Fat: 16 g | Fiber: 15 g