

PANCAKE COOKIE DOUGH



INGREDIENTS:

Dry

- 2 scoops Breakfast in Bed GLAM PRO
- 2 tbsp Coconut Flour
- 2 tbsp Truvia Brown Sugar Blend (Brown Sugar sweetened with stevia)
- 1/4 cup Stevia/Monkfruit Sweetener (granulated)
- 1 oz Stevia Sweetened Dark Chocolate Chips
- 1 tbsp Sugar Free (or Maple) Syrup
- 1/2 tsp Cinnamon

Wet

- 1/4 cup Unsweetened Applesauce

DIRECTIONS:

1. Mix all dry ingredients together in a medium bowl, except for the chocolate chips
2. Add applesauce and mix well with a rubber spatula until all dry ingredients are coated and mixed evenly
3. Mix in chocolate chips
4. Transfer to an airtight container
5. Refrigerate for 1 hour+ to set

Enjoy!

Makes 4 Serving | 1 Serving = 2.3 oz Cookie Dough
Calories: 101 | Protein: 8 g | Carbs: 17 g | Fat: 3 g | Fiber: 4 g