

PEPPERMINT BARK



INGREDIENTS:

- 2 scoops Birthday Bliss Glam Pro
- 1 100% dark chocolate bar (3.5 oz)
- 1/4 cup milk of choice
- 4 mini candy canes

DIRECTIONS:

1. Break the chocolate bar into pieces
2. Place in a microwave safe bowl, microwave for 30 seconds and stir. Microwave in increments of 10 seconds until melted. Ensure it does not start to cook
3. Add Glam Pro and milk to the melted chocolate, mix until well combined (Mixture should be a thick consistency)
4. Crush the candy canes
5. Place parchment paper or aluminum foil in a freezer safe container. Spread the chocolate mixture to about 1/4 inch thickness and top with crushed canes
6. Lightly press the candy canes pieces
7. Cover and place in the freezer until it hardens (~1.5 hours)
8. Break into six pieces. Store in the freezer. If you're craving a peppermint fudge store in the refrigerator

Enjoy!



Makes 6 Servings

Calories: 139 | Protein: 7 g | Carb: 8 g | Fat: 10 g | Fiber: 3 g