

SHREDDED CHICKEN NACHOS



INGREDIENTS:

- 2 oz shredded chicken
 - 1 serving tortilla chips (~140 cal)
 - 1/4 cup reduced fat shredded cheese
 - 2 tbsp chopped red bell pepper
 - 1 tbsp chopped red onion
 - 1 tbsp cilantro (optional)
- Serve with:
- 2 tbsp Bombshell guacamole
 - 2 tbsp salsa
 - 1 tbsp non fat sour cheese

DIRECTIONS:

- 1) Preheat oven to 350F
- 2) Place parchment paper on a baking sheet, distribute chips on the baking sheet
- 3) Top with chicken, bell pepper, red onion, and reduced fat cheese
- 4) Bake for 15-25 minutes
- 5) Serve with Bombshell guacamole, sour cream, and salsa

Enjoy!

Makes 1 Serving

Calories: 413 | Protein: 31 g | Carbs: 29 g | Fat: 20 g | Fiber: 3 g