

# VEGAN CHOCOLATE PUDDING

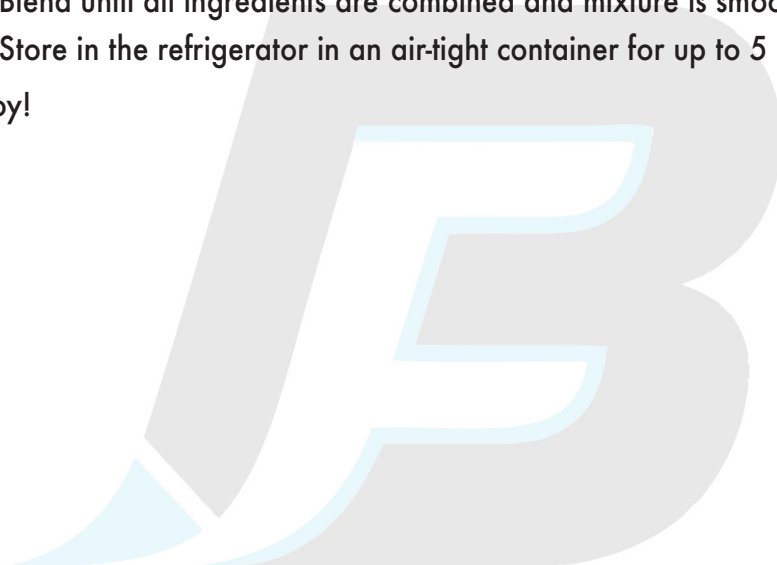


## INGREDIENTS:

- 1 block of silken tofu (16oz)
- 1/4 cup Hershey's special dark 100% cacao powder
- 2 tbsp 0 calorie sweetener of choice
- 1/2 cup unsweetened soy or pea milk
- 1/2 tsp xanthan gum

## DIRECTIONS:

1. Add all ingredients to a blender
  2. Blend until all ingredients are combined and mixture is smooth
  3. Store in the refrigerator in an air-tight container for up to 5 days
- Enjoy!



Makes 3 Serving | 1 Serving = ~3/4 cup  
Calories: 103 | Protein: 9 g | Carbs: 7 g | Fat: 5 g | Fiber: 3 g